

Substance Use and Abuse Health Education Implementation Plan



State Board of Education Rule:	6A-1.094122 Substance Use and Abuse Health Education
Name of the School District	Manatee County Schools
Superintendent of the School District	Cynthia Saunders
Implementation Period: (MM/YY – MM/YY)	12/2019 – 06/2020
Submission Date to the Commissioner	On 11-15-19 sent to SubstanceAbusePrevention@fldoe.org
Direct URL to the Implementation Plan as posted on the school district website	https://www.manateeschools.net/Page/5900
School District Contact(s) for this Plan (name and email address)	George Schrier Schrierg@manateeschools.net

Select the specific subject area(s) of the courses in which instruction will be delivered:			
<input type="checkbox"/> Art – Visual Arts	<input type="checkbox"/> Experimental Education	<input checked="" type="checkbox"/> Peer Counseling	<input type="checkbox"/> World Languages
<input type="checkbox"/> Computer Education	<input checked="" type="checkbox"/> Health Education	<input checked="" type="checkbox"/> Physical Education	<input type="checkbox"/> Other
<input type="checkbox"/> Dance	<input checked="" type="checkbox"/> Library Media	<input type="checkbox"/> Research/Critical Thinking	
<input type="checkbox"/> Drama – Theatre Arts	<input type="checkbox"/> Mathematics	<input checked="" type="checkbox"/> Science	
<input checked="" type="checkbox"/> English/Language Arts	<input type="checkbox"/> Music Education	<input checked="" type="checkbox"/> Social Studies	
Select the qualification(s) of the instructors for the above courses:			
<input checked="" type="checkbox"/> Florida Certified Teacher <input checked="" type="checkbox"/> Community-based Expert <input checked="" type="checkbox"/> School Nurse <input checked="" type="checkbox"/> School Counselor <input checked="" type="checkbox"/> School Psychologist <input type="checkbox"/> Other			
Please explain the rationale for delivering the instruction in the courses selected above for each grade level.			
Grade Level			
K:			
Standards: HE.K.C.1.4			
In the primary grades we will implement in health education and physical education courses. Both courses have the standards embedded and instructional time is woven into these courses to meet the requirement and have been required by F.S. even after the 2014 health revisions. Certified teachers have been teaching these health components we are just now tracking the instructional content, supplementing material and delivery to stay in compliance to ensure our students and community needs are met.			
1:			
Standards: HE.1.P.8.1 HE.1.B.4.3 HE.1.B.5.2 I			
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2:

Standards: HE.2.P.8.1 HE.2.B.3.1 HE.2.B.4.3

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3:

Standards: HE.3.C.2.5 HE.3.B.6.1 HE.3.B.5.1

In the intermediate grades we will implement in health education and physical education courses. Both courses have the standards embedded and instructional time is woven into these courses to meet the requirement and have been required by F.S. even after the 2014 health revisions. Certified teachers have been teaching these health components we are just now tracking the instructional content, supplementing material and delivery to stay in compliance to ensure our students and community needs are met.

4:

Standards: HE.4.C.1.6 HE.4.P.8.1 HE.4.B.4.2 HE.4.C.2.5 HE.4.B.6.1

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Standards: HE.5.B.5.1 HE.5.B.5.3 HE.5.B.6.1 HE.5.P.8.1 P

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6:

Standards: HE.6.C.1.6 HE.6.B.3.4 HE.6.B.5.5 HE.6.P.7.2 HE.6.P.8.1 P

In the middle grades we will implement in health education and physical education courses. Both courses have the standards embedded and instructional time is woven into these courses to meet the requirement and have been required by F.S. even after the 2014 health revisions. While there are Health components in science and social studies and Language arts, these are core content and feel that supplemental material beyond the content instruction is best placed in other elective type courses. Certified teachers have been teaching these health components in their content courses, physical education, and in health education courses, we are just now tracking the instructional content, supplementing material and delivery to stay in compliance to ensure our students and community needs are met.

7:

Standards: HE.7.C.1.8 HE.7.B.5.1 HE.7.C.2.9

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Standards: HE.8.C.2.3 HE.8.B.3.4 HE.8.B.5.1 HE.8.P.7.1 HE.8.P.8.1

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9:

Standards: HE.912.C.1.1 HE.912.C.1.2 HE.912.C.1.8 HE.912.B.3.4 HE.912.P.7.2 HE.912.P.8.3

HE.912.C.1.1 HE.912.P.8.1 HE.912.P.8.2

In Secondary Education we will offer the either the online component or a face to face component in the following courses that have a health component. The courses that contain a health or physical education component standard are as follows: general physical education, Hope 9-12, health courses, Environmental Science, Anatomy and Physiology, First Aid and Safety, Psychology, Peers as Partners in Learning, Sociology, Research 1, 2, and 3, Power/Weight Training 1, 2, and 3, Personal / Comp Fitness, Aerobics 1, 2, and 3, Individual and Dual Sports 1, 2, and 3, World Culture Geography, Critical Thinking and Study Skills, Ecology, US Government, Economics and Finance, Fitness Life Design, and World History. Our rationale is to preserve instructional time within those courses that do not create a burden on the course objectives or take away course instructional time. Certified teachers have been teaching these health components in the course listed above, we are just now tracking the instructional content, supplementing material and delivery to stay in compliance to ensure our students and community needs are met as well as high school graduation requirements regarding minutes of instruction.

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Please describe the methods for delivering the instruction for each grade level.

Grade Level

K:

The materials provided by Child Safety Measures used in our elementary program cover standards mentioned above and most health components as seen in the F.S. The modules will be taught to whole group or small group instruction so that all students receive awareness that is age and developmentally appropriate. Online Facilitator Training (Required prior to implementing program) » Curriculum Book including Facilitator Manual and printed scripts » USB Facilitator Flash Drive with turnkey scripts, student PowerPoint Lessons, and other program related and supplemental materials, including: • Safety Checks (pre and post-tests, instructions, and answer keys) • Staff and parent PowerPoint presentations • Safety Briefs for administrators, teachers, and school staff/PTA • Additional Safety Briefs on relevant topics, such as child maltreatment, educational standards alignment, bullying/cyberbullying, digital safety, school counseling

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alignment, and more » Safety Rules Banner for school » Safety Rules Poster for each classroom » Access to password protected facilitator website for materials, forms, resources, and technical support.

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6:

The materials provided by EverFi contain online modules of instruction which can be downloaded as face to face instruction or completed online. The materials cover component areas below that integrate substance abuse and prevention to satisfy standards and the Rule.

Components:

- Community health
- Consumer health
- Personal health
- Substance use and abuse

If additional curriculum is requested by school sites. We will use the materials that are vetted by the community and SDMC SHAC Committee that also address the areas above. A Cross Coordination with SDMC in house program S.T.A.N.D to assist with implementation which could be whole group instruction, small group instruction, PowerPoints, PSAs, Speaker presentation or guided reading in whole group or small group or individual instruction. These additional resources are posted on our ST.A.N.D. website.

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Please describe the materials and resources that will be utilized to deliver the instruction for each grade level.

Grade Level

K:
Using a researched Based curriculum provided by the Child Safety Matters. Child Safety Matters trains facilitators for a packaged consistent delivery. The trained facilitator then delivers the set curriculum in both methodology and pedagogy of content topics that are aligned with our standards. Most, but not all, facilitators may be district certified teachers, media specialist or guidance counselors. The program was developed **WITH** schools, not **FOR** schools. It is presented in two comprehensive lessons ranging from 35-55 minutes (or in four shorter lessons) by trained facilitators in classrooms. Facilitators present turnkey scripts along with engaging, interactive PowerPoints including lecture, group discussion, skills-practice activities, videos, and games. Four independent research studies have examined the effectiveness of the program with positive results for both student knowledge gains and facilitator implementation fidelity.

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6:

For grades 6-12, the SDMC will use **EverFi** a researched based program and organization that embeds health content into modules. The program has modules on prevention of the abuse of and addiction to alcohol, nicotine, and drugs, that satisfy this Rule. Component/topics for both Rules overlap content at the secondary level, and we will follow the same implementation for mental health. EverFi being a researched based program with online modules, will be delivered by certified classroom teachers or other qualified personnel as listed above who have been trained on the EverFi program. This program covers the standards listed and gives additional support of substance abuse beyond the courses where the health standard is listed. If optional resources are needed the SDMC will use our S.T.A.N.D. resources. These are speakers and presentations provided by SDMC SHAC committee completely vetted and have community approval such as Child Safety Matters/Teen that we mentioned above in the elementary grades.

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Substance Use and Abuse Health Education Implementation Plan



District Wide Awareness Training: All district personnel will receive Public Service Announcements and brochures on Substance abuse and abuse as outlined by the health standards in the F.S. In addition to this, a district wide online training will be provided mostly by Child Safety Matters or Child Safety Matters/Teen and EverFi for staff training in implementation and delivery. Training is online and PowerPoint presentation which is guided instruction on how to deliver canned materials that meet the standard requirements. Additional materials and support on Safety Briefs for administrators, teachers, and school staff/PTA on relevant topics, such as child maltreatment, educational standards alignment, bullying/cyberbullying, digital safety as relevant to, school counseling alignments and safety. Materials, forms, resources, and technical support provided. The district will also bring in outside and local agencies endorsed by the FLDOE.org as additional resources are needed to supplement the program. The district wide training will be on-going and offered at various times and at different school sites and to certified qualified individuals as needed during the school year.

Additional supplemental resources for in-depth training for district personnel is listed below. These trainings are listed on the FLDOE.org website.

Educators and District personnel Training

Florida Tobacco Prevention Training for Educations Professional Development

<https://sites.google.com/palmbeachschools.org/tobacco-home/home>

Additional Resources for Classroom Use: The resources listed below are provided by the FLDOE.org. The resources will supplement the personnel trainings for district wide awareness, student education and awareness, and serve as public service announcements, research-based analysis, and classroom discussions that age appropriate as needed to ensure all students are serviced under the Florida Statute.

1. The District's ST.A.N.D. program will supplement all curriculum about with vetted programs that are researched based. These include but are not limited to:
 - Safer Choices which is a high school program
 - Draw the line, Respect the line

The STAND website has additional curriculum resources beyond Child Safety Matters that have been vetted by both the State and the district since 2014. Schools can use these resources to support Child Safety Matters and Child Safety Matters/Teen.

2. The list below is supplemental supports that are posted on the FLDOE.org website and can be use in the classroom to support Human Trafficking education and awareness.

Substance Use and Abuse Health Education Implementation Plan



Classroom Resources / Discussion / PSA

Florida Health Youth Risk Behavior Survey <http://www.floridahealth.gov/statistics-and-data/survey-data/florida-youth-survey/youth-risk-behavior-survey/index.html>

Tobacco Prevention and Vaping <https://sites.google.com/palmbeachschools.org/tobacco-home/home>

Middle School Health and Behavior Survey <http://www.floridahealth.gov/statistics-and-data/survey-data/florida-youth-survey/middle-school-health-behavior-survey/index.html>

CDC Centers for Disease Control and Prevention

https://www.cdc.gov/healthyschools/health_and_academics/index.htm

Substance abuse and Mental Health <https://www.myflfamilies.com/service-programs/samh/substance-abuse.shtml>

Substance Use and Sexual Risk Behaviors Among Youth

Source: FLDOE.org

As health educators, the link between substance use and sexual risk behaviors. It is important for us to have data and research to assist in efforts to educate others concerning this topic. [Substance Use and Sexual Risk Behaviors Among Youth](#) from CDC's Division of Adolescent and School Health, is a useful resource to educate students, as well as parents and school leaders, about how substance use can impact sexual health. There are Florida specific lessons available at [Rights, Respect, Responsibility: A K-12 Sexuality Education Curriculum](#) that can be used to instruct students about how to make healthy decisions and protect their sexual health including substance abuse. These lessons are aligned to Florida education standards and are available at no cost.

Middle School

Grade 6, Lesson 3: Understanding Boundaries (HE.6.P.7.1)

Grade 7, Lesson 8: Making SMART Choices (HE.7.P.7.1)

Grade 8, Lesson 2: The World Around Me (HE.8.P.7.1)

High School

Grade 9, Lesson 2: How Well Do I Communicate With Others? (HE.912.B.4.2)

Grade 10, Lesson 1: Rights, Respect, Responsibility, Consent (HE.912.B.5.3)

Grade 11, Lesson 2: My Boundaries (HE.912.C.2.2)

Substance Use and Abuse Health Education Implementation Plan



Protocol:

Should any district employee, parent, or students need to report suspicion of Substance Abuse or Abuse, the following numbers and websites are listed below. All numbers connect to help. (FLDOE.org)

Delphi Health Group

Delphi Health Group offers 24-hour free counseling to clients in need of drug rehab. Delphi Group is available for calls through the toll-free drug counseling hotline **(888)-258-5725**. Services provided by this helpline are covered by insurance and Clients' requests are treated with 100% confidentiality.

Florida Public Health Department Substance Abuse Program Office

The Public Health Department dependence program office provides information and resources on addiction treatment to residents of Florida. The department also offers free drug counseling to callers suffering from addiction problems. Reach the Florida Public Health Department Substance Abuse Program Office on the drug crisis hotline **1-850-487-2929** to access intervention help for free.

Florida Statewide Substance Abuse Hotline

The Florida Statewide Substance Abuse Hotline provides 24/7 crisis counseling to the residents of the state. Ask for help the local statewide addiction helpline by dialing **2-1-1**. Call any of these local helpline numbers to get information, counseling, and treatment services for substance addiction. Drug addiction treatment centers in Florida are one phone call away.

Florida Health

SAMHSA's Toll-Free Treatment Referral Helpline: **1-800-662-HELP (4357)**

Florida Department of Children and Families MyFamilies.com

Substance Abuse & Mental Health

Your Local Provider of Services

Central Florida Behavioral Health Network

Telephone: 813-740-4811